

REGIONAL ALLIANCE FOR HEALTHY SCHOOLS



JULY 2024

RAHS HOT NEWS

SUMMER AND COMMUNITY OUTREACH



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As summer unfolds, we find ourselves at a moment in time that offers both reflection and opportunity. Summer is not only a season of rest, but an important time to deepen our community connections and advance our mission of promoting health and well-being of youth 21 years old and younger in schools.

Summer provides a chance to engage with our communities in new and impactful ways. Whether through health screenings, education, or community events, our outreach efforts are designed to extend our reach and ensure that RAHS' physical and behavioral health services are youth-friendly and accessible to all. This summer, let's continue to focus on building relationships, enhancing our programs, and exploring innovative approaches to meet the diverse needs of the students and families we serve.

Our team's dedication to creating a supportive and inclusive environment is more crucial than ever. By working together, we can ensure that every child and adolescent has the opportunity to thrive, regardless of their background or circumstances.

Let's remember the core values that drive us: compassion, inclusivity, access, and an unwavering commitment to health equity. Your passion and hard work are the heart of RAHS, and I am grateful for your dedication. Together, we can continue to build a healthier, more vibrant future for our communities. Thank you for your continued support and for all that you do to make a difference.

Wishing you a productive and inspiring summer ahead!

MEET DR. ALANNA NZOMA, MD

WELCOME TO RAHS!

We are thrilled to introduce Dr. Alanna E. Nzoma, MD, a general pediatrician who has recently joined our Regional Area for Healthy Schools (RAHS) team at Carman-Ainsworth High School in Flint, MI. Dr. Nzoma, board-certified in Pediatrics, brings a wealth of experience and a passion for adolescent healthcare to our community. Let's get to know more about her journey and vision for RAHS.



What attracted you to school-based healthcare, and what are you most excited about in joining the RAHS team?

I am most attracted to working in school-based healthcare because I feel it is a valuable way to provide healthcare with minimal barriers. Children already attend school, and providing care in a school setting allows families not to worry about leaving work or pulling their child out of school for multiple hours to address health needs. The social support provided in RAHS is amazing, and I love being able to offer students and families wrap-around care.

Can you discuss any previous experience you have working with adolescents or in a school setting, and how it has prepared you for this role?

I worked in a Federally Qualified Health Center (FQHC) on the South Side of Chicago for three years and regularly worked with adolescents. During this time, I also worked in a school-based health setting. This experience prepared me for this role because I understand the value that working in schools can bring, and I find it really rewarding.

What are some key goals you hope to achieve with RAHS?

I hope to engage with the community and help students and families achieve a balance between their busy lives and their health. I aim to reinforce the idea of lifelong preventative health habits in this young population.

How do you plan to address the unique health challenges faced by adolescents within the school environment?

One of the most important things I can do as a pediatrician working with adolescents is to be a good listener. This allows me to assess their needs and support them in dealing with the treatments and resources they need.

MEET DR. ALANNA NZOMA, MD cont.

WELCOME TO RAHS!

In what ways do you hope to engage with the community and build trust with the students and families you will be serving?

I plan to attend school assemblies and events so the community becomes familiar with me, and vice versa. I also plan to understand the gaps in care and the needs of the community in Flint that I serve.

Dr. Nzoma is excited to add RAHS to her clinical time and looks forward to empowering adolescents to take charge of their health. In her free time, she enjoys spending time with her husband and two school-aged children, exercising, and traveling. We are delighted to have her on board and look forward to the positive impact she will bring to our community.

HEALTH CENTER UPDATES

CONGRATULATIONS RAHS-BRICK AND RAHS-PIONEER!

A huge congratulations to the incredible RAHS team! I'm excited to announce that RAHS has successfully completed both E3 site visits this month, and RAHS received an outstanding letter grade score of 96% (A) during our exit interview.

This achievement is a testament to the combined effort and dedication of our entire team. Your hard work and commitment to excellence are truly showcased in the remarkable work you all do every day. Thank you for your unwavering dedication to the health and well-being of our communities.

OPEN POSITION - MEDICAL ASSISTANT AT RAHS-INTERNATIONAL

If you know of any Medical Assistants looking for a position that may be interested in school-based health, let Marc Spaulding know!

SCHOOL-BASED HEALTH CENTER UPDATES

RAHS-Beecher is getting close to opening their new space!

HOW IT STARTED...



HOW ITS GOING...



RAHS STAFF UPDATES

WELCOME TO RAHS!



JACQUELYNN "JACKIE" DENEAU

I am excited to be joining the team as RAHS Virtual Behavioral Health Home Social Worker. I am a University of Michigan MSW and University of Michigan-Flint BSW graduate who hails from Somerset, MI, and I am currently pursuing a second graduate degree as an MBA student at Central Michigan University. I come from a background of health systems with an emphasis on behavioral health. In my most recent role I worked for three years in behavioral health crisis in the emergency department setting while simultaneously providing outpatient private practice therapy. Prior to this I provided services as a College Adviser for K-12 schools through an AmeriCorps service opportunity. It was during this time in AmeriCorps service that I found my love for children and adolescent populations, and I am excited to make the return. In my free time I am an outdoor enthusiast and can often be found on the lake, camping and hiking with my Miniature American Shepherd Rosco, or laying in the hammock with a book. I am looking forward to this new journey and meeting all of you soon!

Janee Koc, FNP-BC, comes to us with 13 years nurse practitioner experience in primary care, palliative care, and a passion to serve vulnerable populations. After several years of serving on a Palliative Care team, Janee made a shift to pursue her true passion, pediatrics. She previously helped launch school-based health center in Genesee County and will be joining the expanding team at Armstrong middle school. Janee enjoys time with her family, cultivating her medicinal herb garden and has a love for dogs and sailing the Great Lakes with her husband.



JANEE KOC

RAHS STAFF UPDATES

WELCOME TO RAHS!



LINSEY LUCKETT

A few things about me would be that I am a mom, of a handsome and charming baby boy by the name of Marcelus. I graduated in 2016 from Lincoln Highschool and studied Culinary Arts and hospitality management for a year (I still have a passion for cooking and baking)! In my free time I love writing poetry or even reading many poetry books. My favorite authors are Rupi Kaur and Pierre Alex Jeanty. I am a sweet, loving, and silly individual who cares about those I cross paths with. Personally, I love making people laugh and smile, creating connections with others is important to me and it even helps to brighten my own day. My favorite color is purple (Pioneer is a great fit for me!) and I love potatoes in every given form. It's simply a huge pleasure to be a part of the RAHS team/family. I am thrilled to be a part of this journey with you all!

Please welcome Sarah Heller (no photo yet) to RAHS as the new Medical Assistant (MA) for our RAHS-Springport school-based health center location. Sarah joins RAHS with many years of experience as an MA in Family Medicine/Pediatrics in Jackson. She is looking forward to helping us grow our new site and develop strong relationships with the community of Springport. Sarah begins ACES training next week.

UPCOMING EVENTS

AUGUST 2024

RAHS - BACK-TO-SCHOOL REGISTRATION EVENTS

AUGUST

Registration events at schools throughout August 2024.

INTERNATIONAL ACADEMY OF FLINT - PHOENIXFEST

AUGUST 1

A fun, family day filled with activities for all ages. Bring your family and friends on Thursday, August 1, 2024, from 3:00pm to 6:00pm!

RAHS-SPRINGPORT SBHC GRAND OPENING

AUGUST 19

Join us at the new Regional Alliance for Healthy Schools school-based health center at Springport Public Schools for the Grand Opening event from 4pm - 6pm. Tours and refreshments will be provided.

RAHS-SCARLETT BACK-TO-SCHOOL VACCINE CLINICS

AUGUST 19-29

the RAHS-Scarlett team, in partnership with Ann Arbor Public Schools, will be hosting Back-To-School Vaccination Clinics at Scarlett Middle School on Mondays & Wednesdays from 8 AM - 11 AM and on Tuesdays & Thursdays from 12:30 PM - 4 PM. Everyone is encouraged to get caught up on their immunizations!

SUMMER HEALTH DAYS

AUGUST 21

The Washtenaw County Health Department is hosting family-friendly Summer Health Days - Don't miss out on the fun, food, and health resources!

****Time:**** 4:00 PM - 7:00 PM

****Location:**** 555 Towner Street, Ypsilanti, MI 48198

PARKRIDGE SUMMERFEST & JOE DULIN COMMUNITY DAY

AUGUST 24

The annual Parkridge Summer Festival returns to Parkridge Park on Saturday, August 24! Celebrate community at Summer Fest featuring special performances and local artists, plus dozens of food and merchandise vendors, and resources + community service vendors. The event is free to attend and is fun for all ages.

UMHS-RAHS.ORG

