

Medical Care (mom and baby)

I need a pregnancy test

Arborvitae- ArborWoman

625 E. Liberty St., Suite 10 (lower level), Ann Arbor

Offers pregnancy testing, pregnancy counseling, and ultrasounds

Planned Parenthood

3100 Professional Dr, Ann Arbor

(734) 973-0710

Offers pap smears, birth control info and supplies, pregnancy testing and counseling, prenatal services and education

Washtenaw County Public Health Dept.

555 Towner, Ypsilanti

Free pregnancy testing, STI testing and treatment, immunization services, WIC services (food benefits and nutrition counseling).

I need regular medical care for me and the baby

Corner Health Center

47 N. Huron, Ypsilanti

(734) 484-3600

Provides pregnancy tests and prenatal care, ultrasounds, pediatric care, insurance enrollment assistance, counseling and support groups, breastfeeding classes, and nutrition counseling

Briarwood Center for Woman, Children, & Young Adults

400 E Eisenhower Parkway, Building 2, Suite B, Ann Arbor

(734) 232-2600

Offers primary care services, including pediatrics, obstetrics and gynecology, breast feeding clinics, nutrition, and social work

Meijer Grocery Prenatal Vitamin Program

Free prenatal vitamins available at Meijer pharmacies

I need a doula

(what is a doula? A nonmedical person who assists a mother before, during, and/or after childbirth through physical assistance and emotional support)

Southeast Michigan Doula Project

<http://www.midoula.org/>

southeastmidoulas@gmail.com

Free or low cost doula care

Pregnancy Prep and Motherhood Classes

I need help preparing for childbirth

Catholic Social Services

815 Taylor St., Ann Arbor

(734)662-4462

Pregnancy and adoption counseling available, support groups

Arborvitae- ArborWoman

(734) 994-8863

Safe Sleep education: Monthly class (60min.) about Infant Safe Sleep and Shaken Baby Syndrome Awareness & Prevention

St. Joseph Mercy Hospital

Register at : www.stjoesannarbor.org/family-birth-center-classes-tours
(734)712-6357

Childbirth Education Class - preparation classes for expectant mothers and their labor support coach.

Infant care class- Class for expectant parents to learn about basic newborn care.

Maternal Infant Health Program

(734) 544-2984

A free program for pregnant women on Medicaid. It provides help in getting food and infant supplies, such as diapers; transportation to medical appointments; nutrition counseling; education about breastfeeding; help enrolling in childbirth education classes; parenting groups; well child visits & immunizations.

La Leche League

<http://www.llaa.org/home>

Mother-to-mother support groups for breast-feeding mothers. Day and evening group times listed on website.

Corner Health Center

(734) 484-3600

Offers breastfeeding classes, support groups

Briarwood Center for Woman, Children, & Young Adults

Offers breastfeeding classes

St. Joseph Mercy Hospital

Register at : www.stjoesannarbor.org/family-birth-center-classes-tours
(734)712-6357

Breastfeeding club – Free, monthly meeting for pregnant or breastfeeding moms and their babies.

Breastfeeding Preparation Class- Instructs expectant mothers and their partners on breastfeeding techniques. Partners are encouraged to attend.

Maternal Infant Health Program

(734) 544-2984

A free program for pregnant women on Medicaid.

Teen Moms Support Groups

www.dailystrength.org/c/Pregnancy-teens/support_group

www.mdjunction.com/teen-pregnancy

Briarwood Center for Woman, Children, & Young Adults

Mindful Moms Group Free mommy group where you can make friends with other moms and moms-to-be and build skills at the same time. Register by emailing: lfattori@umich.edu.

Vineyard Church Single Moms Ministry

(734)477-9135

Free monthly dinner with childcare provided. Holiday assistance available.

Postpartum Depression Group

(734) 418-2683 www.ppd-annarbor.com

Free drop-in care on 1st and 3rd Mondays 10:30am-12pm for mothers experiencing post-partum depression.

St. Joseph Mercy Hospital

Register at : www.stjoesannarbor.org/family-birth-center-classes-tours

Mommy & Me - Free, 'drop-in' monthly meeting for new mothers and their babies on the first Wednesday of every Month (except January & July) from 10-11:30 a.m. at the Women's Health Center.

I need help with breastfeeding

I need social interaction with other moms

I need helping with parenting

Washtenaw Success by 6

1819 S. Wagner Rd, Ann Arbor
(734) 994-8100 Ext. 2178

Provides parent resources on child development, preschool, child care, health insurance, and parenting classes.

WISD: Parent Support Program

(734)994-8100

Parenting classes of children ages 0-6 are held on the first Friday of the month at 12 pm.

Catholic Social Services

(734)662-4462

Pregnancy and adoption counseling, food assistance, crisis intervention, family therapy, domestic and child abuse intervention, emergency food program.

CHILD CARE & CHILD EDUCATION

I need affordable childcare

Child Care Network Washtenaw Regional

3941 Research Park Dr., Suite C
Ann Arbor, MI 48108

(734) 975-1840 | www.childcarenetwork.org

Childcare referrals to licensed childcare sites; helps low-income families with the cost of child care.

Head Start | Great Start Readiness Program (GSRP)

(855)644-7735 | <https://michiganpreschool.org/>

Preschool program for low-income families. GSRP only for families that fall below certain income levels.

First Steps Ann Arbor Preschool & Family Center

2775 Boardwalk Dr., Ann Arbor

(734)994-4949 | www.aaps.k12.mi.us/firststeps.home/home

Classes offered for children and caregivers at the Family Center location, Eberwhite Elementary School, and Logan Elementary School. Cost ranges from \$0 to \$145 for the 13 week fall term.

I need help finding a preschool

Washtenaw ISD

(734) 994-8100

Children are selected for the preschool programs based on family income and child's age. If your child does not qualify for the FREE Head Start or GSRP programs, there are fee-based programs available.

BABY ITEMS

I need baby clothes, sleeping items, and toys

Once Upon a Child

4559 Washtenaw Ave. , Ann Arbor
(734) 971-6822

Sells gently used kids clothes and toys

Arborvitae- ArborWoman

625 E. Liberty St., Suite 10 (lower level), Ann Arbor
(734) 994-8863

CribCare: Pack 'n play, mattress, fitted sheets and safe sleep sack

Corner Health Center

47 N. Huron
Ypsilanti, MI 48197
(734) 484-3600

When you come to the Corner for appointments, you earn points that you can use @ the Corner Store to buy things, including baby clothes & diapers

I need breastfeeding supplies, formula, diapers, wipes, etc...

Arborvitae- ArborWoman

(734) 994-8863

BabyCare: Layettes filled with basic infant necessities (formula, diapers, clothes, wipes, bibs, etc.)

Hope Clinic

518 Harriet Street, Ypsilanti

(734)484-2989

Provide baby formula, diapers, and wipes. (Thursday 2pm -4pm, once every 2 weeks). Care & Share Closet with basic necessities. (Fri 2pm-4pm, once every 30 days). Free laundry services.

I need a car seats and/ or booster seat

University of Michigan Buckle Up Program

(734)763-2251

- Free car seat or booster seat
 - Proof of income or Medicaid required
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LEGAL RESOURCES

I need legal resources for Family Law – domestic violence prevention and maintaining stable homes

Legal Services of South Central Michigan

420 N. Fourth Ave., Ann Arbor
(734)665-6181

- Helping persons in immediate peril of injury due to domestic violence or cases meant to stabilize living environments for children.
 - Securing Personal Protection Orders, divorce and custody cases for domestic violence survivors, custody actions when children are at risk, cases preventing the transfer of custody from an established custodial environment
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I need to obtaining a birth certificate

Instructions will be provided at time of birth from hospital
If need a replacement copy of birth certificate, go to:

- <https://www.vitalchek.com/>
 - http://www.michigan.gov/documents/birthapp_6360_7.PDF
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I need help with Child Support

- **Starting a Case:** http://www.michigan.gov/dhs/0,4562,7-124-5528_61204_41277---,00.html
 - **Locating Parents:** http://www.michigan.gov/dhs/0,4562,7-124-5528_61204_6741---,00.html
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