Welcome to the Annual Report for the University of Michigan Health System Regional Alliance for Healthy Schools (RAHS). The mission of RAHS is to provide school-based health programs and clinical services that improve the well-being of students, their families, and communities. In addition to direct physical and mental health services, RAHS offers three comprehensive health intervention programs targeting substance use and abuse, childhood obesity, and asthma. After school programs offer mentoring and youth leadership opportunities. This Annual Report highlights these core services and programs offered through RAHS.

The quantitative and qualitative impact RAHS had on students and families in our communities for the previous school year can be found on our website: www.a2schools.org/rahs
wellness

Community Integration

96% of students go back to class. The on-site Health Center model results in a reduction of school absences. After evaluation and treatment, more than 5,000 visits annually.

Risk and Strengths Assessments

A fully comprehensive assessment is completed annually through the Rapid Assessment for Adolescent Prevention Services (RAAPS) and the RAHS Strength and Stress Screen. These tools allow in-person practitioners, doctors, and social workers to assess potential risk factors and their relationship to students.

Reimbursement and Community Partnerships

RAHS easily interacts with social security agencies on behalf of our students and families. Community collaboration continues to evolve, and the bargaining agency continues to assist RAHS in meeting the needs of our families. More than 3,000 referrals are processed annually through RAHS and nearly 40% of these cases are identified through the RAAPS program.

Scope of Services

RAHS offers a variety of health and social services available to students and families through the RAHS Nurse Practitioners and Social Workers. Services include mental health counseling, substance abuse prevention, nutrition, physical activity, and health education. RAHS also provides services to families and individuals through community partnerships.

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