

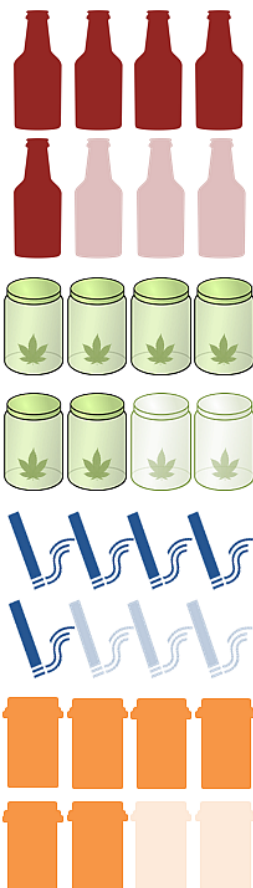
# PROJECT SUCCESS

PREVENTION GROUP

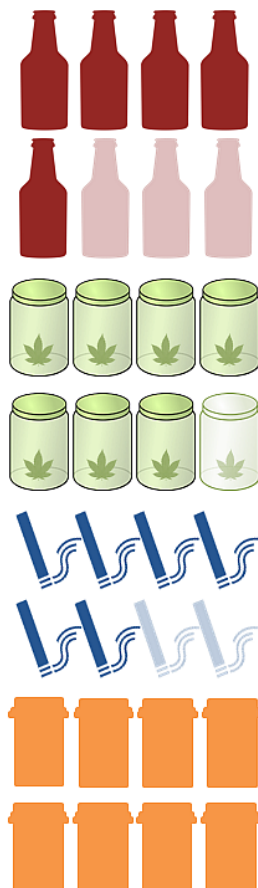
2014-2015 Parents & Peers (2 P's) 8 participants 6 sessions

The Parents and Peers (2 P's) Group is designed to reach students who are having issues with their parents and/or peers, and at-risk for using or abusing ATOD. This group aims to bring awareness to how stress can result in engaging in risky behaviors, how to cope with stress positively, and how to use refusal skills. The majority of the students in this group have never used ATOD, so the goal of this group is to prevent the onset of use/abuse. Results showed improvement in: relationships, peer refusal skills, coping ability, problem solving, attitude towards school, belief of ATOD harm and parental disapproval.

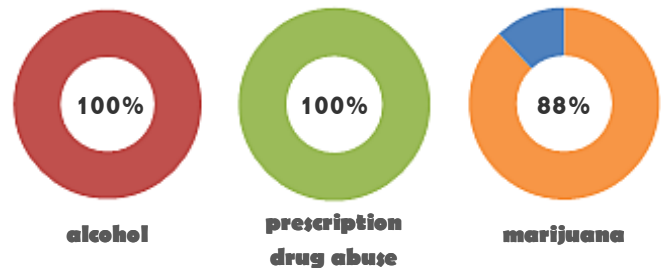
What **STUDENTS** perceived as "a lot of harm"



What students thought their **PARENTS** would perceive as "very wrong"



Increased awareness of the risks and consequences since starting the group



*"I learned to say no to all negative things and to not smoke or drink because of the risks."*

The following become "somewhat" or "a lot better" for the 2014/2015 participants by the end of the group

